OPIOID RESOURCES

"You can't go back and change the beginning, but you can start where you are and change the ending." C.S. Lewis

Virginia Recovery Foundation

Michael Zohab

(804) 381-8537

vrfhelp@gmail.com

National Drug Helpline

(888) 633-3239

http://drughelpline.org/

National Suicide Prevention Lifeline

(800) 273-TALK (8255)

TTY: (800) 799-4889

Chesterfield Mental Health Support Services

(804) 748-1227

Chesterfield County Opioid Response:

https://www.chesterfield.gov/4117/County-Opioid-Response

Henrico Area Mental Health and Developmental Services

https://henrico.us/mhds/

Henrico County Opioid Response:

Bounce Back from Addiction (Henrico County)

www.bouncebackhc.com

Tucker Psychiatric Doctors

1000 Boulders Pkwy #202

Richmond, VA 23225

804-320-7881

VCU Addiction Medicine Psychiatry

804-828-2000

Family Counseling for Recovery (FCCR)

905 C Southlake Blvd

Richmond, VA 23236

804-419-0492

Virginia Center for Addiction Medicine (VCAM)

2301 N Parham Rd #4

Richmond, VA 23229

804-332-5950

The Farley Center

5477 Mooretown Rd

Williamsburg, VA 23188

757-243-1426

Dr. Paul Spector

7329 Boulder View Lane

Richmond, VA 23225

804-320-8570

Dr. Charles Bonner

Physical Medicine Center

5922 West Broad Street

Richmond, VA 23220

Dr. Marty Buxton

7101 Jahnke Rd

Richmond, VA 23225

Dr. Sheila Furey

9512 Iron Bridge Rd #201

Chesterfield, VA 23832

804-717-5181

PEER Recovery Support

7460 Tidewater Drive

Norfolk VA 23505

757-664-6683

Family Education Program (Free)

Different Addiction/Recovery focused topic weekly

Meets every Thursday night @ 6:30 pm

563 Southlake Boulevard

Richmond, VA

Email: www.recovery@vcu.edu

Narcotics Anonymous

(804) 965-1871

Nar-Anon

www.Nar-anon.org

List of NA meetings near Richmond

https://www.na.org/meetingsearch/text-results.php?country=USA&state=Virginia&city=Richmond&zip=&street=&within=20&day=0&lang=&orderby=datetime

Support Groups for Overdose Loss

Overdose Loss Support Group (GRAPLE)

(804) 229-5024 graplerva@gmail.com

Full Circle Grief Counseling

(804) 912-2947

http://fullcirclegc.org/overdose-loss-group/

VCAM Grief and Loss Support Group

(804) 332-5950

DEA's Interactive Websites for Teens:

Just Think Twice: https://www.justthinktwice.gov/

National Institute on Drug Abuse, National Institutes of Health - Opioid Facts for Teens Brochure:

https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/nida_opioidfactsforteens_brochure_final_web.pdf

DEA's Interactive Website for Parents/Caregivers:

1. Prescription for Disaster – How Teens Misuse Medicine: https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/marijuana-concentrates.pdf
2. Drug Fact Card: https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/Prescription%20Drug%20Misuse%20Fact%20Card-7-2018.pdf

3. Get Smart About Drugs: https://www.getsmartaboutdrugs.gov/
4. Growing Up Drug Free – A Parent's Guide to Prevention https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/GrowingUpDrugFree%28Final-508%29%282017%29.pdf
5. How to Properly Dispose of Your Unused Medications: https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/Proper%20Disposal%20Flier%20%28October%202018%29.pdf
6. Drugs of Abuse – A Guide for Parents/Caregivers to help children make smart choices and avoid the consequences of drug abuse: https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/DoA_2017Ed_Updated_6.16.17.pdf
7. Preventing Marijuana Use Among Youth and Young Adults:
8. https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/DEA--Marijuana-Prevention-2017-ONLINE.PDF

9. What You Should Know About Marijuana Concentrates: https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/marijuana-concentrates.pdf

US Department of Health and Human Services - Substance Abuse and Mental Health Services Administration (SAMHSA)

National Hotline

(800) 662-HELP (4357)

TTY: (800) 487-4889

Parent Resources on Drinking Alcohol and Taking Other Drugs:

https://www.samhsa.gov/underage-drinking/parent-resources

Smart Moves Smart Choices (National Association of School Nurses):

http://smartmovessmartchoices.org/

Get Facts: Important Information About Teen Prescription Drug Abuse:

http://smartmovessmartchoices.org/overview

Fast Facts:

http://smartmovessmartchoices.org/facts

Commonly Abused Drugs:

http://smartmovessmartchoices.org/commonly-abused-drugs

Resources:

http://smartmovessmartchoices.org/resources

Take the Quiz:

http://smartmovessmartchoices.org/quiz

Take Action – Parents:

http://smartmovessmartchoices.org/parents

Take Action – Teens:

http://smartmovessmartchoices.org/teens

Videos:

http://smartmovessmartchoices.org/animated-video

Opioid Solutions RVA

Education, Prevention, Treatment, and Recovery for Chesterfield, Hanover, Henrico, and Richmond City

https://www.opioidsolutionsrva.com/

Education:

https://www.opioidsolutionsrva.com/27/Education

Prevention:

https://www.opioidsolutionsrva.com/101/Prevention

Treatment:

https://www.opioidsolutionsrva.com/31/Treatment

Recovery:

https://www.opioidsolutionsrva.com/35/Recovery

Chesterfield SAFE: Chesterfield Safe's mission is to engage the community in working together to prevent and reduce substance abuse.

http://chesterfieldsafe.org/

O.P.I.O.I.D. – Opioid Prevention Initiative: Outreach on Invisible Dangers

Contact: (804) 819-7429 / Kimberly.Ulmet@usdoj.gov

Feel free to contact us if you would like us to make a presentation on **O.P.I.O.I.D.** at your child's school or if you have questions about this program.